



# NATURA

## Supplementary Insurance

NATURA – ideal for everyone practicing a conscious and active lifestyle

You prefer alternative treatment methods and would like to benefit from contributions towards health promotion and illness prevention? We recommend NATURA.



### Natural alternatives

Comprehensive contributions towards numerous alternative treatments



### Health promotion

Contributions towards health promotion and illness prevention



### For families

Special benefits for families – attractive premiums for children

# NATURA

## Supplementary Insurance

NATURA comes with different benefit options. This way, the insurance protection can be adjusted to personal situations as well as to individual demands.

		NATURA	NATURA <sup>plus</sup>
<b>Alternative medicine<sup>1</sup></b>	Treatments by doctors, naturopaths and therapists	Over 70 methods	Over 130 methods
For measures, remedies and suppliers recognised by CONCORDIA	Outpatient treatments by naturopaths, including prescribed remedies	75 % Max. CHF 4,000/year	75 % Max. CHF 6,000/year
	Outpatient treatments by therapists, including prescribed remedies	75 % Max. CHF 1,500/year	75 % Max. CHF 2,000/year
<b>Health promotion</b>	Back/posture training	50 %, max. CHF 200/area/year More than one area: total of max. CHF 500/year	
For measures recognised by CONCORDIA and provided by suppliers recognised by CONCORDIA	Fitness (CONCORDIA Sport Bonus with NATURA <sup>plus</sup> , contributions towards fitness membership and parent/child gymcourse)		
	Pregnancy (e.g. childbirth preparation)		
	Baby swimming course (with NATURA <sup>plus</sup> )		
	Muscle building (only on medical prescription)		
	Courses on other health-related topics		
<b>Illness prevention</b>	Various contributions towards prevention measures	90 % Max. CHF 500/year	

<sup>1</sup> maximum contribution per year for alternative medicine (treatments by doctors, naturopaths and therapists):

CHF 4,000 with NATURA and CHF 6,000 with NATURA<sup>plus</sup>

The term 'year' is intended to mean the calendar year.

Further information: [www.concordia.li/natura](http://www.concordia.li/natura)

This leaflet is provided for informational purposes and does not represent a binding offer. The General Insurance Terms and Conditions of the Supplementary Care Insurances FL and the Additional Insurance Terms and Conditions regarding NATURA Insurance FL of CONCORDIA prevail.